

CLUB CHAMPIONSHIPS

PURPOSE

This policy is to guide the running of Club Championships at Palm Beach Surf Life Saving Club (PBQSLSC).

AUDIENCE

All volunteers and members of PBQSLSC.

DETAIL

PBQSLSC conducts rounds of Club Championships as part of our competitive Surf Sports program. These Club Championships are designed to award individual athletic achievement and thus are inclusive of the surf, iron-person and beach individual disciplines.

The goals of Club Championships are:

1. Provide an outlet for expressing athletic achievement with the surf sports setting
2. Promote friendly competition
3. Encourage continuous growth in surf skills
4. Recognising excellence in surf sports
5. Promote skill

The following groups are eligible to compete in Club Championships:

- Nippers
- Seniors
- Masters

Members in the U15 age group will compete in the Nippers Club Championships. Seniors/Masters competitors for Club Championships will be for members in age groups U16 and up.

1. **Rounds.** Depending on the group, there will be a set number of rounds of Club Championships in a competitive season. These are:
 - a. Nippers – up to four rounds, time and conditions dependent
 - b. Seniors and Masters – one round
2. **Conduct.** The Junior Activities Coordinator (JAC) and Surf Sports Officer (SSO) are responsible for the conduct of Nippers and Seniors/Masters Club Championships respectively.

3. Nipper rounds will be conducted during selected Nipper Saturdays that are outlined in the Junior Activities calendar at the commencement of each season.
4. The Seniors/Masters round will be conducted prior to State Championships and may be utilised as a guide for the selection of teams for the State and Australian Championships. Club Championships for Seniors/Masters are held at the discretion of the SSO and Operations Committee at the time.
5. The events available to be contested are:
 - a. Flags
 - b. Sprints
 - c. Wades
 - d. Surf Swim
 - e. Board race
 - f. Surf ski race
 - g. Iron-person
6. The eligibility to compete in the above events is found in the table below:

| | FLAGS | SPRINT | WADE | SWIM | BOARD | IRON |
|-----------|----------------------|--------|------|------|-------|------|
| U6 | Does not participate | | | | | |
| U7 | Does not participate | | | | | |
| U8 | YES | YES | YES | NO | NO | NO |
| U9 | YES | YES | YES | YES | NO | NO |
| U10 | YES | YES | YES | YES | YES | NO |
| U11 | YES | YES | NO | YES | YES | YES |
| U12 | YES | YES | NO | YES | YES | YES |
| U13 | YES | YES | NO | YES | YES | YES |
| U14 | YES | YES | NO | YES | YES | YES |
| SEN & MRS | YES | YES | NO | YES | YES | YES |

7. **Scoring.** Points will be allocated to the first eight place winners in each event. The place holder point system is:
 - 1st 8 points
 - 2nd 7 points
 - 3rd 6 points
 - 4th 5 points
 - 5th 4 points
 - 6th 3 points
 - 7th 2 points
 - 8th 1 points
8. The scoring rounds breakdown is as follows:
 - a. Nippers
 - i) Four rounds run – points from three highest rounds count
 - ii) Three rounds or less run – points from all rounds count

- b. Seniors/Masters – points from the singular round count
9. The highest aggregate score holder will thus be the champion in each category, and awards will be allocated in descending aggregate point score from there.
10. **Awards.** The categories for awards that may be presented (and therefore groupings for point aggregation) are:
- a. Beach Champion (flags, sprints): (Open and Masters only)
 - b. Water Champion (wade, swim, board, ski): (Open and Masters only)
 - c. Iron-person Champion (Open and Masters only)
 - d. Overall Award: first, second and third (per Nipper age groups U9-15)
 - e. Club Values awards: rewarding members who demonstrate our Club Values of Respect, Unity, Inclusive and Involvement (Nipper age groups U9-U15; winner and runner-up per age group, Open and Masters)
11. **Ribbons.** During Nippers Club Championships, ribbons may also be presented to first, second and third place getters, per gender.
12. **Officials.** The JAC and SSO are to coordinate officials, scorers and score counters for Club Championship rounds and retain an official scoresheet, with a copy provided to the Club Administrator.
13. **Protests.** Any protests are to be made in accordance with the SLSQ Surf Sports guidelines. The JAC will adjudicate for Nipper protests whilst the SSO will adjudicate for Seniors/Masters protests. Their decision is final.
14. **Layout.** The JAC and SSO are responsible for the layout of races in each round, taking into account prevailing conditions, age and skill levels of competitors. Where possible, events are to be in accordance with SLSQ Surf Sports guidelines.
15. **Handicap Race.** At the discretion of the SSO, a Handicap Iron-person Race may be conducted. *No awards to be presented – the event is purely for enjoyment.*
The Handicap Iron-Person Race shall consist of an Iron-person style race of:
- Swim
 - Board
 - Run interchanges
- a. Senior and Masters competitors are eligible to compete in this standalone event.
 - b. Males and females will compete together during the same, standalone race, however their handicaps will be separate (not based off competition across the sexes; therefore both lowest handicapped male and female competitor will start on zero).
 - c. Each nominated competitor will be allocated a handicapped start time ascending in seconds and minutes from zero seconds. The SSO, in conjunction with the Head Coach, is responsible for pre-allocating handicap times seven days prior to the event, utilising the seasons performances at training and competition as a guide.
 - d. With the handicap achieved on the start line, the awards available for the Handicap Race will be limited to Female line honours (1st, 2nd and 3rd) and Male line honours (1st, 2nd and 3rd).
16. **Novelty Race.** At the discretion of the JAC and SSO, a novelty race/s may be conducted. *No awards to be presented – the events are purely for enjoyment.*

- a. Example Novelty Races are:
- i) No Swim, Board Rescue – patient and rescuer both paddle the board out and back around a can (ie. no swimming)
 - ii) Club Championships Body Surf Race – all participants line up behind the break zone, starter calls a wave, all must race to the beach (preferably body surfing the wave)
 - iii) Super Life Saver Team Race – no age restrictions or team composition requirements. Teams must complete a relay (physical tag) of the following events:
 - Two person carry approx. 50m
 - Rescue swim with tube and fins out to a patient (competitor) behind the break
 - Rescue swimmer and patient (can kick but no arms) return to shore (must remain with tube around patient to tag)
 - Two person drag of the patient approx. 30m
 - Two person rescue board paddle out and around a can
 - Beach sprint carrying first aid pack to finish line