

There are the ski events in competition:

Ski Race

Individual competitors paddle a ski around a course of at least 300m from knee-deep water. Double ski competitors paddle approximately 50m further. Divisions for the single and double ski include Mens and Womens in Open, U19, U17 and Masters. The double ski is also conducted as a mixed men and women event in the Open division.

Ski Relay

A team of three paddlers complete the ski course of at least 300m each. The first and second paddlers tag the next person in their team on return to the beach with the third person crossing the finish line. Divisions for the ski relay include Open, U19 and Masters. There is no double ski relay.

