

Multi discipline team events in competition:

Taplin Relay

Relay teams of swimmers, board paddlers and ski paddlers compete on an Ironman course. The order of the legs is decided prior to the event.

The Taplin Relay event may be conducted in three person (one swimmer, one surf board and one surf ski paddler), six person (two competitors for each water leg), or four person (one competitor per water leg plus a beach sprinter to complete the race) variations.



Cameron Relay

Teams of four, a board paddler, swimmer and two runners compete in this relay. The order of the water legs are drawn by ballot. The first competitor enters the water, rounds the buoys and returns to shore where they tag the first runner. The first runner rounds the turning flags and tags the next competitor who rounds the buoys and tags the last runner. The last runner runs to the finish line.



IronPerson

The ironperson race has a course consisting of a water leg (swim, surf ski or board), a run leg and another water leg finishing with a sprint to the line. The order of the water legs is decided prior to each carnival by random draw.



Lifesaver Relay

Teams can be made of nine competitors including one surfboat crew, one swimmer, one board paddler, one surf ski paddler and one beach sprinter.

The event is conducted over a course of a surfboat, a surf ski, a board, a swim and a beach sprint. The surfboat leg is always the first leg and the beach sprint always finishes the race. The order of the other legs is drawn by ballot. Each leg follows a course from the beach out to sea, rounding buoys and returning to tag the next leg competitor.

